

WILDFIRE SMOKE VISIBILITY INDEX

Categories	Visibility in Miles	Health Effects	Cautionary Statement
Good	10 and up	None	None
Moderate	6 to 9	Possibility of aggravation of heart or respiratory disease.	People with heart or lung disease should pay attention to symptoms.
Unhealthy for Sensitive Groups	3 to 5	Increasing likelihood of respiratory symptoms and aggravation of lung disease, such as asthma.	People with respiratory or heart disease, the elderly, and children should <i>limit</i> prolonged exertion and stay indoors when possible.
Unhealthy	1 ½ to 2 ½	Increased respiratory symptoms and aggravation of lung and heart diseases; possible respiratory effects to general population.	People with respiratory or heart disease, the elderly, and children should avoid prolonged exertion and stay indoors when possible; everyone else should <i>limit</i> prolonged exertion.
Very Unhealthy	1 to 1 ¼	Significant increase in respiratory symptoms and aggravation of lung and heart diseases; increasing likelihood of respiratory effects in general population.	People with respiratory or heart disease, the elderly, and children should <i>avoid</i> any outdoor activity; everyone else should <i>avoid</i> any outdoors exertion.
Hazardous	¾ or less	Serious aggravation of heart or lung disease and premature mortality in persons with cardiopulmonary disease and the elderly; serious risk of respiratory effects in general population.	Everyone should <i>avoid</i> any indoor and outdoor exertion; everyone should remain indoors whenever possible.